

2<sup>nd</sup> March 2022

Dear Parents and Carers

As a school we have been shocked by the Ukraine conflict and are sure that you have been too. We have been thinking of what we could do to help these people in crisis.

Below is a list of items that are currently being collected by charities to send to areas in need. We would like to act as a collection point for our school community to be able to donate items if they wish. Please note, at present we can only accept items on the list, no additions as space on transport is limited and must be for the essential items only.

**Medical:**

First aid kits  
Field bandages  
Paracetamol  
Ibuprofen  
Cold/Flu treatment  
Antiseptic cream  
Bandages  
Sterile dressings  
Surgical tape  
Wound closure strips  
Multivitamins  
Vicks vapour rub  
Barrier cream  
Cough syrup  
Antiseptic wipes  
Hand gel  
Blood bags

**Food/drink:**

Protein bars  
3 in 1 Coffee sachets  
Small packets of nuts / raisins  
Peanut butter in plastic jars  
Cupasoup

**Clothing:**

Thermal vests/pants  
Balaclavas  
Shoe inserts  
Hand and feet warmers  
Opaque tights (large)  
Snoods  
Fingerless mittens  
Cheap reading glasses

**Toiletries:**

Toothbrushes  
Toothpaste  
Bodywash  
Wet wipes  
Pocket tissues  
Showergel  
Pampers  
Sanitary towels  
Tampons

**Tools:**

Spanners  
Socket sets  
Torches with batteries  
Walkie talkies  
Ground sheets/sleeping mats  
Red light headlights  
Thermal blankets  
Plastic cups/plates & cutlery  
AA Batteries

Please ensure items are within expiry date, in 'new' state and any medical items such as bandages are in packaging.

Please leave donations, however big or small, in the boxes found in the foyer. The closing date for collections is Friday 11<sup>th</sup> March.

Yours sincerely  
Clare Campbell  
Headteacher Sparhawk Infant and Nursery School