



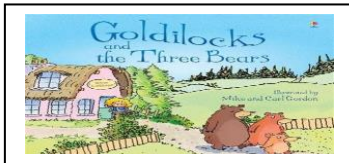
# Reception Newsletter



3<sup>rd</sup> February 2023

## Goldilocks & The Three Bears

We have started our topic on Traditional Tales with the story Goldilocks and the Three Bears. We have enjoyed building forests, painting bears, making porridge and tasting it and creating maps of Goldilocks journey through the woods to the bears cottage. Next week we are going to find out lots of information about bears around the world.



## Dates for the Diary

6<sup>th</sup> -10<sup>th</sup> Feb Mental Health Week and Intergenerational week

9<sup>th</sup> & 10<sup>th</sup> Feb - Grandparents invited into classrooms.

13-16<sup>th</sup> Feb Half term

27<sup>th</sup> Feb-3<sup>rd</sup> March -Parents invited into classrooms to share stories.

28<sup>th</sup> Feb Sapphire Café 1:45

1<sup>st</sup> March Topaz café 1:45

2<sup>nd</sup> March - World Book Day -come to school in pyjamas or dressed as a book character

## Mental Health Week

Next week is National Mental Health Awareness week and we will be participating in activities that are good for our well-being. We will be joining in with Yogabugs live yoga session on Tuesday morning and will take time to colour, draw, listen to music, play with lego and meditate to see how these activities make our bodies feel.

## Maths

We have focussed on capacity this week and have been investigating what empty, full, half full (or half empty) and nearly full look like. The children have been exploring capacity with porridge oats and water. We have also been using balance scales to find out which object is the lightest and heaviest.

## Intergenerational Week

It is also Intergenerational Week beginning on Monday 6<sup>th</sup> February and we have some very special visitors coming to spend time with the children in Sparhawk. We have Sprowston Senior Citizens visiting us on Monday morning. The children will love chatting to them and sharing stories.

We would also like to invite grandparents to come into school next Thursday and Friday from 2.30pm to read with their grandchild in class.