

## Headteacher: Mrs Clare Campbell

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29<sup>th</sup> September 2023

Dear Parents and carers.

We have noticed that the children are scraping lots of food into the bin and sometimes being given their lunch and saying 'I don't like that.' We have many incidences of children not knowing what they are going to eat and want to make sure that they are receiving the meal that you expect them to have.

We appreciate that school dinners can be very different to what the children expect from a meal that they may have had at home but we really want to make sure the children eat some lunch and reduce the amount of waste.

Please can you go through the lunch menu with your child so you can decide what your child will eat and then can you enter your child's lunch choice onto Pupil Asset. This can be done 13 weeks in advance (the current menu finishes on Friday 20<sup>th</sup> October, a new menu will be released soon for you to order from for after this date) and can be changed if you change your mind up to the morning of the lunch.

**Helping your child eat healthily at home** is a workshop that Mrs Stanley will be running at 2:15pm on Thursday 9<sup>th</sup> November. This will be packed with information and also give ideas for healthy snacks and lunchbox ideas.

## **Harvest Festival**

Next week, we will be celebrating harvest and will be collecting food for our food bank. We would really appreciate that, if you are able, you could bring into school a non-perishable food, toiletry or baby item that we could restock our food bank with.

If you are finding it hard and need some help with your food supplies, please ask at the office, in confidence, if you think we can help you.

Yours sincerely,

Clare Campbell









